

valspar

COLOUR WITH
CONFIDENCE



CREATING A
COSY
LIVING ROOM.

Available at

B&Q

COZY COLOURS

Comfort is a top priority in a living room. But perhaps you are struggling to create the right environment for full relaxation; maybe your space is feeling a little sterile and lifeless and just not helping you unwind? Let Valspar give you some easy wins when it comes to creating a lovely living room that will leave you feeling relaxed.

Colours have a huge impact on us from a psychological perspective; they affect our mood and also our behaviours and even slow our heart rate. The colour best known for its relaxing properties is blue. So it makes sense to choose colours that are comforting like **'Moroccan Resort'**.



Moroccan Resort
L13BW26C



Sunbaked Brick
X49R110C



Alpine Forget-Me-Not
X35R60D

Choosing colours with a warmer tone will help make your room cosy. Cooler tones give a...well, cooler atmosphere. For example warm colours are great in north facing rooms where they can help the space feel lighter. If going all out with warm colours feels too stimulating for you then balance it out with a cool tone as a supporting colour. See how the warm colour of **'Sunbaked Brick'** is balanced with the cool tone of **'Alpine Forget-Me-Not'**.

MAKE IT MEMORABLE

Have you thought about decorating your home using memories to help guide your design choices? It's a wonderful way to create a home that feels intimate and personal. A grassy hill that makes you feel relaxed is a great example.

'Marsh Grass' is a great all-rounder, it still has an outgoing personality without being too stimulating. It's a restful soothing tone that will work in many rooms. The best approach is to have fun with samples like **'Marmalade Magic'** and see how they work with the light in your room.



Marmalade Magic
X35R60D



Marsh Grass
R264C

BONUS TIP

If you are looking for a bit more impact, why not try a traditional and earthy colour that can be really rounding like **'Botanical Beauty'**. So that it's not too overpowering, try painting the woodwork black as an accent.



Botanical Beauty
R263E



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